

fold

fold

Session Descriptions

Early Morning Swim

This is a public session with 2 lanes available for swimmers who wish to swim continuous lengths. The rest of the pool is open to the general public.

General Swim

This session is open to everyone. Lanes will be available as advertised or at the discretion of the Management Team.

Funky Fun Floats

Come and have fun on our large floats!

Rockin' Rapids

Just what the title says! (restrictions apply for non/weak swimmers).

Aquafit

A water based exercise class to music, to get you motivated. It's a fun, structured programme involving cardiovascular work, stretching and toning. 16 Years+

Parent and Baby/Toddler

A weekly session designed for you and your little ones to bond. On Mondays during term time a qualified instructor is present to play games with you and your little ones, as well as give advice on swimming development for young children.

Main Pool Dimensions

25m x 8.5m x 1.35m (at the deepest point)

Prices

Adult £4.20
Student (A2L) £3.75
Child (under 16) £2.10
Senior Citizen £3.40
Senior Citizen (A2L) £3.05
Under 5's Free
Family Swim (2 adults, 2 children) £11.30

A2L = Access to Leisure

Please note that we are open between 8.00am and 6.00pm on bank holidays. Please see the appropriate timetable for session times.

50 Years+, Disabled and Ante Natal

This integrated session is brilliant if you want to do some exercise in an environment where you can take things at your own pace. 50 Years+

Water Therapy

A session designed to accommodate customers with muscular skeletal considerations, with a water therapy instructor. This session is open to customers looking for additional advice and support.

Ladies Only

A session specially designed to accommodate the needs of our female customers. Male lifeguards may be present. 16 Years+

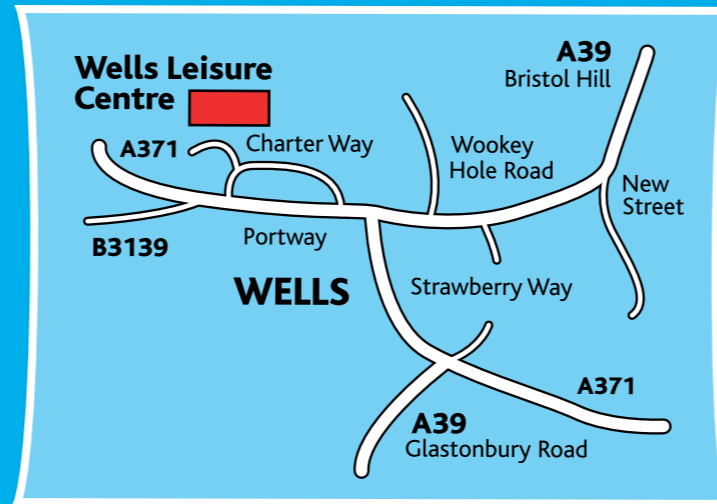
Adults Only

These sessions allow adult swimmers to enjoy an evening of swimming in a peaceful environment. 16 Years+

Avalon Leisure

recommend telephoning before visiting our centre, to check that your desired activity is available on (01749) 670055.

- Please call to enquire about other services and activities we offer.
- Please be aware that restrictions may apply to certain activities.
- The Management reserve the right to cancel or modify any services offered.
- All under eights must be accompanied by an adult of over sixteen years. Maximum of two under eights to one adult.



www.avalonleisure.co.uk

Pool Timetable

Early Morning Swim • Fun Sessions
50+ Sessions and much more!



WELLS LEISURE CENTRE
Charter Way, Wells, Somerset, BA5 2FB
(01749) 670055
www.avalonleisure.co.uk



Avalon Leisure manage Wells Leisure Centre on behalf of Western Community Leisure in partnership with Mendip District Council.

School Term Timetable (with Children's Lessons)

7th June 2010 – 25th July 2010, 30th August 2010 (B/H) – 24th October 2010, 1st November 2010 – 19th December 2010

Monday	7.00am - 8.00am	Early Morning Swim*	Parent & Baby	Children's Lessons*	50+ Disabled Ante-Natal Water Therapy (2.15pm - 3pm)	Children's Lessons	Adult Lessons	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	School's Lessons	Lanes	Children's Lessons*	Children's Lessons	Adults Only (Lanes)*	Adults Only (Lanes)*
Tuesday	7.00am - 8.00am	Early Morning Swim*	School's Lessons	Lanes	Parent & Toddler	Ladies Only*	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons*	Lanes	50+ Disabled Ante-Natal Water Therapy (2pm - 3pm)	Swimming Club	Staff Training	Adults Only (Lanes)*
Wednesday	7.00am - 8.00am	Early Morning Swim*	School's Lessons	Lanes	Children's Lessons*	Children's Lessons	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	Lanes	Children's Lessons*	Children's Lessons	Aqua Fit	Adults Only (Lanes)*
Thursday	7.00am - 8.00am	Early Morning Swim*	Children's Lessons	Lanes	Parent & Toddler	Lane	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons*	Lanes	Aqua Fit	Funky Fun Floats	Funky Fun Floats	Adults Only (Lanes)*
Friday	7.00am - 8.00am	Early Morning Swim*	Children's Lessons*	Lanes	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
Saturday	7.00am - 8.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
Sunday	7.00am - 8.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*

A single adult may accompany up to two children under the age of 8 years.

Pool restrictions apply to non/weak swimmers during all Rockin' Rapids sessions.

Only rubber rings with seats in are allowed.

*Part or all of Small Pool closed during this time.

School Holiday Timetable (with Children's Lessons)

26th July 2010 – 1st August 2010, 25th October 2010 – 31st October 2010

Monday	7.00am - 8.00am	Early Morning Swim*	50+ Disabled Ante-Natal	Children's Lessons	Rockin' Rapids	Children's Lessons	Adult Lessons	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Parent & Baby	2 X Lanes	Rockin' Rapids	Children's Lessons	Adult Lessons	Adults Only (Lanes)*
Tuesday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Children's Lessons	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	50+ Disabled Ante-Natal	2 X Lanes	Rockin' Rapids	Ladies Only*	Aqua Fit	Adults Only (Lanes)*
Wednesday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Aqua Fit	Staff Training	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	2 X Lanes	Rockin' Rapids	Aqua Fit	Staff Training	Adults Only (Lanes)*
Thursday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Children's Lessons	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	2 X Lanes	Rockin' Rapids	Children's Lessons	Aqua Fit	Adults Only (Lanes)*
Friday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Children's Lessons	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	2 X Lanes	Rockin' Rapids	Children's Lessons	Aqua Fit	Adults Only (Lanes)*
Saturday	7.00am - 8.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
Sunday	7.00am - 8.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	Lane	Rockin' Rapids	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*

■ denotes public swimming times.

□ denotes special public sessions.

(whole pool or a section of the pool).

□ denotes pool not available to the general public.

• Early Morning Swim – Lane swimming only.

• Sessions may be introduced or cancelled dependent upon demand.

• During busy periods, customers will be guaranteed a minimum of one hour in the pool.

• Management reserves the right to change the programme as required.

School Holiday Timetable (without Children's Lessons)

2nd August 2010 – 29th August 2010, 20th December 2010 – 2nd January 2011, 27th December 2010 (B/H), 28th December 2010 (B/H), 3rd January 2011 (B/H)

Monday	7.00am - 8.00am	Early Morning Swim*	50+ Disabled Ante-Natal	Children's Lessons	Rockin' Rapids	Adults Only (Lanes)*	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Parent & Baby	2 X Lanes	Rockin' Rapids	Lane	Adults Only (Lanes)*
Tuesday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Ladies Only*	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	50+ Disabled Ante-Natal	2 X Lanes	Rockin' Rapids	Aqua Fit	Adults Only (Lanes)*
Wednesday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	2 X Lanes	Rockin' Rapids	Staff Training	Adults Only (Lanes)*
Thursday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	2 X Lanes	Rockin' Rapids	Aqua Fit	Adults Only (Lanes)*
Friday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Aqua Fit	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Children's Lessons	2 X Lanes	Rockin' Rapids	Aqua Fit	Adults Only (Lanes)*
Saturday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
Sunday	7.00am - 8.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*
	8.00am - 9.00am	Early Morning Swim*	Funky Fun Floats	2 X Lanes	Rockin' Rapids	Available for Private Hire & Parties	Adults Only (Lanes)*

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• Early Morning Swim – Lane swimming only.

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• During busy periods, customers will be guaranteed a minimum of one hour in the pool.

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